

**STEVEN'S ANXIETY REFLECTED IN SIDNEY SHALDON'S *THE NAKED*
FACE NOVEL : A PSYCHOANALYTIC APPROACH**



**Submitted as a Formal Fulfillment of the Requirement for Getting the Bachelor
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by :

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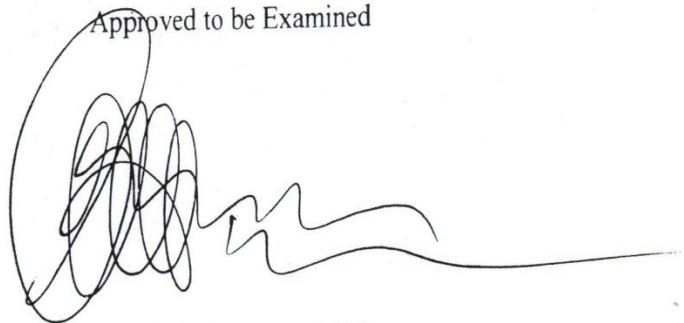
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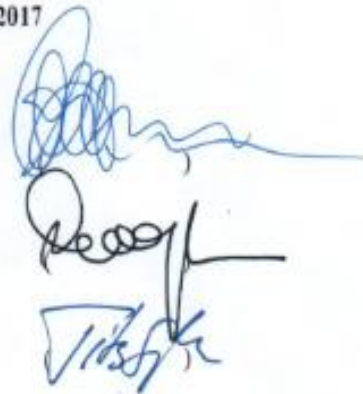
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The Researcher



Nugroho Dwi Admojo

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ABSTRAK

Penelitian ini bertujuan untuk menganalisis kegelisahan Steven yang tercermin dalam novel *The Naked Face* Sidney Shaldon oleh pendekatan psikoanalitik. Penelitian ini termasuk penelitian kualitatif. Teknik pengumpulan data dari penelitian ini adalah penelitian kepustakaan dan teknik analisis data dalam penelitian ini adalah mengklarifikasi data yang diperoleh dengan memilih yang diperlukan dan menganalisa data berdasarkan pendekatan psikoanalitik. Hasil analisis ini menunjukkan Steven memiliki kondisi buruk yang mempengaruhi kepribadiannya. Ia mendapat beberapa perasaan cemas yang mengganggu kehidupan kesehariannya saat ia berada di luar lingkungannya. Dari tiga kecemasan di atas pengaruh besar terhadap dirinya adalah kecemasan neuritik, dari kondisi inilah ia menjadi paranoid, depresi, dan tekanan atau tegang tinggi dalam jiwanya.

Kata kunci: Kecemasan, Kepribadian, jiwa

ABSTRACT

The study is aimed at analyzing Steven's anxiety reflected in Sidney Shaldon's *The Naked Face* novel with psychoanalytic approach. This study belongs to qualitative research. The technique of the data collection of this research is library research and technique of data analysis of this research is clarifying the obtained data by selecting the necessary one and analyzing data based on psychoanalytic approach. The results of this analysis show Steven has some bad condition that influences his personality. He gets some anxiety feeling that disturb his daily life especially when he is in the outside of his environment. From the three anxiety above the big influence toward his self is neuritic anxiety, from this condition he became paranoid, depression, and pressure or high tense in his soul.

Keyword: Anxiety, Personality, soul

1. INTRODUCTION

Anxiety has a role to threat, but anxiety can become abnormal when the level is not in accordance with the threat and anxiety can intervene to our daily lives. Anxiety can disrupt a person's psyche if the level is very high. The height or level of anxiety can make panic attacks. Panic disorder is one type of anxiety disorder that can turn into total terror. Panic attacks are an extreme form of anxiety. Anxiety consists of so many physical traits, cognition, and behavior like

anxiety, nervousness, dizziness and irritability. Everyone who experiences an anxiety level is very high in his life will experience disloyalty. Due to a sense of threat that comes at all times. These threats may be linked in the past where bad events have occurred. Such a bad event may come as a threat to the sufferer, so that anxiety sufferers will feel threatened in everyday life. In this case anxiety also inspires the author in making his work. It cannot be denied that anxiety has become a problem that already exists in human life. One of the writers who raised the problem is Sidney Sheldon's Novel, *The Naked Face* First Published 1970. In the novel there are many problems that can be discuss, but in this case the authors choose anxiety as the main issue.

The research focuses on Steven anxiety in *The Naked Face* novel. According to the story in the novel, a character in the novel, Jud Stevens, a psychoanalyst who is haunted by anxiety because of the murder occurring in the presence of several people nearby. Which was preceded by the death of John Hanson is a patient who just came out of his clinic. Just because the raincoat he loaned to his murdered patient, Jud became one of the targets of detective Lieutenant McGreavy and Detective Angeli who were accused of the murder. Because lieutenant McGreavy had been in trouble with Judd in the past. Things got complicated when Judd was in love with Anne Blake, a patient with her mysterious household problems. And that's where the sense that grows in Judd's heart brings him in a dangerous situation. Judd is finally struggling to uncover a mysterious case that terrorizes him.

Some the reasons why the researcher choose this novel to be analyzed are, first, this novel has interesting because the plot is so thrilling and make the reader curious. Second, in this novel the character has a determination to dismantle the evils that surround his life. The third point is that novel can take some messages and something to learn about the influence of enemy, friendship and love on someone personality. Besides that, they can also take some experiences and moral values, then they can apply them in daily life for a better future. Finally, the last reason is to supply theoretical framework in the research of literature in the English Department, it can be useful for other students,

particularly students of English Department in Muhammadiyah University of Surakarta (UMS) or another universities in Surakarta as reference for the research needs that have the same theory with the theory used in this research is Psychological Approach. So it can be used to be the previous study in their research. Based on the explanation above, the researcher is interested in analyzing **STEVEN'S ANXIETY REFLECTED IN SIDNEY SHALDON'S *THE NAKED FACE* NOVEL: A PSYCHOANALYTIC APPROACH**

2. RESEARCH METHOD

In order to analyze *The Naked Face* novel the researcher uses psychology of literature and applies it using descriptive analysis which concerns to make some interpretation of dealing with the novel. In analyzing the content of the novel in the form of text, then that should be done in analyzing the contents by reading the entire text of the novel in a systematic and comprehensive.

3. RESEARCH FINDING AND DISCUSSION ANXIETY ANALYSIS

3.1 Analysis on Steven Anxiety

In *The Naked Face* novel, Sidney Shaldon gives attention on the element character and focuses on one character. Steven's anxiety have paranoid excessive from his soul. It is that makes the Researcher interested with the novel based on Sigmund Freud's Theory. Steven's anxiety build bad prejudise and currious toward someone surrounding him.

In the Naked Face novel, someone's anxiety can be happened is many factors that influence psychologic. In the novel Jud Steven has some of anxiety, i.e. :

- a. **Realistic Anxiety**, an event that be seen directly while things that the event wll happen to own self.

Ex : steven's patient has been kill someone exact in front of his office, assumption appearance that victim the next murder is him (Jud Steven), because the patient has been killed when he lent steven's.

- b. **Neurotic Anxiety**, some anxiety that happen in some one personality, because someone against the *Ego* to reach the pleasure although some one knows the risk.

Ex : reveal the crime while create the victim another him, because Jud Steven break appointment from detective Moddy.

- c. **Moral Anxiety**, some anxiety where someone doing mistake while conflict between moral value and religion.

Ex : Jud Steven is falling in love with his patient that has been married.

The three elements of *Id*, *Ego*, *Superego* the big role that influence Steven's personality is *Ego* that make him Anxiety but there are some other impulses that strengthen his personality such as neurotic anxiety. There are the impulse that made him used some step to uncover the truth that threat his soul, although someone around him became a victim in murder case solve.

3.2 Analysis on Steven's Personality

3.2.1 *Id*

Id is a nature of living beings and where in fact man has the will or the urge to get something through instinct or under natural conscious man. It can be that *id* is a biological need of human, especially sex, and its function is to satisfy the pleasure principle. Unchecked by any controlling will, the *id* operate an impulse, wanting immediate satisfaction for all its instinctual desires (Bressler, 1999: 150). *Id* on the character of Steven in the novel include, such as a biological need of human, especially sex. In this case, Steven felt hunger when a day attending the session, and invited Carol for cooking food to eat that night. As the quote on the novel below:

Courts always make me hungry,' Judd said. 'Why don't I whip up a little birthday supper?' And he took her into the kitchen where she watched him skilfully put together a Mexican omelette, French-fried potatoes, toasted English muffins, a salad, and coffee. That's one of the advantages of being a bachelor,' he said. I can cook when I feel like it.'

(The Naked Face, chapter 2, page: 6)

3.2.2 *Ego*

Ego is an expression of emotions, angry at someone and is a form of communication about a regret, disappointed toward achievement. *Ego* as well as tools to satisfy the desires of the *Id* in a way that is realistic. These aspects of personality that lead a person to act or refrain from acting in terms of what has learned about the world rather than solely according to his biological impulses are referred to collectively as the *ego* (Munn, et al, 1969: 457). In this case Steven's *Ego* is very angry about two detective last dare enter the room without permission for Steven. In order hand, detective have permission to investigate her room to dismantle the murder case.

Every light in the apartment was on. Lieutenant McGreavy was opening a drawer in the living-room. Angeli was coming out of the bedroom. Judd felt anger flare in him. "What are you doing in my apartment? "Waitin' for you, Dr Stevens," McGreavy said. Jud walked over and slammed the drawer shut, narrowly missing McGreavy's fingers.

'How did you get in here?'

'We have a search warrant,' said Angeli.

Judd stared at him incredulously. 'A search warrant? For my apartment?'

(The Naked Face, chapter 3, page: 23)

3.2.3 *Superego*

The *superego* acts as an internal sensor, causing us to make moral judgments in light of social pressures. In contrast to the *id*, the *superego* operates according to the morality principle and server primarily to protect society and us from the *id*. In this case Steven's *superego* that he is a very nice and helpful and he also had good intentions to help him at the moment when Carrol session in court. Steven want Carrol to change for the beter by way of embodying Carrol make her Receptionist. A very nice and helpful, and he also has a good intention to help when session Carroll in court.

Carrol also could understand Steven is a very good person friendly and helpful. As the quote on the novel below:

In the four years that had passed Stevens had always treated her with the same grave courtesy he had shown her the first night at first she had waited for him to make some reference to what she had been, and what she had become. But she had finally come to the realization that he had always seen her as what she was now. All he had done was to help her fulfil herself. Whenever she had a problem, he always found time to discuss it with her.
(*The Naked Face*, chapter 2, page: 10).

4. CONCLUSION

The researcher assumes several conclusions after analyzing *The Naked Face* novel using psychoanalytic approach. First, types of anxiety in Steven character are Realistic Anxiety, Neuritic Anxiety, and Moral Anxiety. But the big influences anxiety to his personality is Neuritic Anxiety some anxiety that happen in some one personality, because someone against the *Ego* to reach the pleasure although some one knows the risk.

Second, the causes of anxiety in Steven character from *The Naked Face* novel, Steven have some bad condition that influences his personality. He gets some anxiety feeling that disturb his daily life especially when he is in the outside of his environment. From the three anxiety above the big influence toward his self is neuritic anxiety, from this condition he became paranoid, depression, and pressure or high tense in his soul.

Finally, anxiety is describe in Steven character, 1) Steven's paranoid. He became afraid when he terrorized then he feels if someone around him is who want to kill him. 2) Steven's depression. Steven feels if he solve the murder case that experienced by him, accordingly his self who will become a victim of the murder, so Steven start to become depression when he try to find the way to solve the murder case by self. 3) Steven's Pressure. Steven has start to oppressed with the condition that terrorizing his self even he often injured because of the case that he accepted. He always restless and uncomfortable with his safety of his life when the terror press his Steven life.

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